Destigmatizing Mental Health: 
East Coast JACL Chapters in Open Conversations
By Phillip Cox, NE JACL Board member

In a groundbreaking event, East Coast JACL chapters united to address the often overlooked topic of mental health within the Japanese American community. Co-presented by JACL chapters and Changing Tides, an organization out of the Little Tokyo Service Center in Los Angeles, the June 10th event on Zoom aimed to destigmatize mental health and foster an open conversation on this important issue. About 12 participants from JACL chapters, including New England, New York, Philadelphia, and Washington, D.C., engaged in thoughtful discussions exploring Japanese experiences and attitudes towards mental health. Sharing personal experiences and encounters with mental health issues within their families, attendees fostered empathy and understanding while breaking down barriers.

The event's success reflected the evolving nature of mental health discussions within the Japanese American community. One participant noted how especially interesting it was to hear the difference in experiences and thoughts on mental health among participants of vastly different ages and even different geographies. Participants departed with fresh perspectives and newfound knowledge on mental health. The open dialogue served as a catalyst for positive change, emphasizing the importance of mental health within the Japanese American community. Moreover, it highlighted how transformative a safe space for open discussions can have not only on individuals, but also on a community that is learning to prioritize mental well-being.

This collaborative effort between Changing Tides and East Coast JACL chapters laid the foundation for a brighter and more supportive future, free from the stigma often associated with mental health. Attitudes toward mental health in the Japanese American community are indeed changing and we hope to continue to change these tides across the United States through similar events.

Massachusetts AAPI Commission – Mental Health Listening Session
On June 13th, the Massachusetts Asian American and Pacific Islanders Commission held a Listening Session via Zoom to discuss the challenges and opportunities impacting the mental health of the AAPI community. AAPIs have the lowest help-seeking rate for mental health services of any racial and ethnic group. This may be due to the many systemic barriers to accessing mental health care and quality treatment, such as the poor availability of linguistically and culturally appropriate mental health service providers. Participants included: Chien-Chi Huang, Asian Women for Health; Dawn Sauma, MSW, LICSW, Asian Task Force Against Domestic Violence; Heidi Hyunjin Lee, Harm Reduction Case Manager; and Aishwarya Chitoor, Saheli. For a Recap and Resources: https://aapicommission.org/mental-health-listening-session-june-13th-2023/
Essay by Renee Tajima-Peña:
*The Transformers: How “Chan is Missing” Led to “Better Luck Tomorrow” Led to “Everything Everywhere All at Once”*
https://filmquarterly.org/2023/06/15/the-transformers-how-chan-is-missing-led-to-better-luck-tomorrow-led-to-everything-everywhere-all-at-once/?fbclid=IwAR3snW1Ka8twDA2WF4LOChgurl8K3gRku97fGy8jlP73LreIYb9_9bhl9Po

Sampan Newspaper Interview:
**Boston Red Sox Outfielder Masataka Yoshida**
Japanese outfielder superstar Masataka Yoshida joined the Boston Red Sox this season.  
**• Wednesday, August 30 at 4:10 pm - Boston Red Sox vs. Houston Astros**  
The gate giveaways to the first 7,500 fans to scan their tickets and enter Fenway Park will be Masataka Yoshida Inflatable Dumbbells.

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**FESTIVALS, PROGRAMS, EVENTS**

19th Annual Chinatown Main Street Summer Festival  
Saturday, July 1 from 10 am to 6 pm in Boston Chinatown  
INFO: https://www.chinatownmainstreet.org/  

Webinar: *Asian American Career Ceilings: Corporate Journeys and Ethnic Differences*  
Thursday, July 6 from 4 pm to 5 pm  
This webinar features Jenny Ming, CEO coach/mentor, ExCo Leadership; former CEO of Charlotte Russe; and Co-founder & former President of Old Navy; Raj Ratnakar, Senior VP & Chief Strategy Officer for DuPont; and Ken Tanji, Executive VP & CFO of Prudential Financial, Inc.  
Moderator: Peter Young, Chair of the Committee of 100 Asian American Career Ceilings Initiative. This event is sponsored by the Committee of 100, a non-partisan leadership organization of prominent Chinese Americans in business, government, academia, and the arts.  
Panelists will discuss the obstacles to advancement that they have overcome in their corporate careers, differences between various Asian American ethnicities, and how those differences manifest themselves in terms of career advancement, and their advice about achieving success in corporate America as an Asian American. INFO & Registration: https://www.committee100.org/upcoming-event/asian-american-career-ceilings-corporate-journeys-and-ethnic-differences/?mc_cid=36c45a28fe&mc_eid=a57c22e409  

Book Talk: *The Archive Undying*  
Thursday, July 6 at 7 pm  
Brookline Booksmith, 279 Harvard St., Brookline  
War machines and AI gods run amok in *The Archive Undying*, national bestseller Emma Mieko Candon’s bold entry into the world of mecha fiction. This is the first volume of Candon’s *Downworld Sequence*, a sci-fi series where AI deities and brutal police states clash, wielding giant robots steered by pilot-priests with corrupted bodies. INFO & Registration: https://www.brooklinebooksmith.com/event/emma-mieko-candon-max-gladstone-archive-undying
Friday, July 7 at 7 pm   Brookline Booksmith, 279 Harvard St., Brookline  
Margaret Li and Irene Li, the chef-sisters behind Mei Mei Dumplings, discuss how to cook flexibly and fight food waste with their new cookbook with 80 recipes and 150 ideas to use up what you have. INFO & Registration: https://www.brooklinebooksmith.com/event/margaret-li-and-irene-li-elle-simone-scott-perfectly-good-food

Art Show: Tanabata Star Festival  
Friday, July 7 from 7 pm to 8:30 pm   Kaji Aso Studio, 40 Saint Stephen St., Boston  
The Kaji Aso Studio presents a group show of artworks inspired by the beloved summer legend. The program includes a video by Takahiro Miyao, live music by Mikiko Sato, a poetry reading, and opening reception. Free and open to the public. No registration required. An online version of the program on Zoom on Sunday, July 9th from 7 pm to 8:30 pm. INFO & Zoom link: https://www.kajiasostudio.com/

Festival: Celebrate Japan!  
Saturday, July 15 from 10 am to 3:30 pm   Long Hill Gardens, 572 Essex St., Beverly  
The Japan Society of Boston and Long Hill Gardens celebrate Japanese culture through music, arts and much more! Activities include origami, ikebana, bonsai, incense appreciation demonstrations, Odaiko New England performance (at 1 pm), and bilingual story time. INFO & Tickets: https://www.japansocietyboston.org/events/celebrate-japan-at-long-hill-gardens

20th Anniversary Festival: Yin Yu Tang: A Chinese Home  
Saturday, July 15 from 10 am to 5 pm   Peabody Essex Museum, East India Square, 161 Essex St., Salem  
Yin Yu Tang was home to the Huang family for nearly 200 years in China. For the past 20 years at the PEM, Yin Yu Tang has introduced visitors to the art and culture of generations of families living and working in rural Southeastern China. Since 2003, more than 850,000 people have visited this unique, immersive environment at the PEM. The program includes special guest speakers, guided tours, drop-in art making, live music, and a taste of traditional Chinese cuisine. INFO: https://www.pem.org/events/yin-yu-tang-a-chinese-home-20th-anniversary-festival

2nd Annual Chợ Đêm, Boston Little Saigon Night Market  
Saturday, July 15 from 4 pm to 9 pm   Town Field Park, Dorchester Ave. betw. Park & Adams Sts., Fields Corner, Dorchester  
Presented by the Boston Little Saigon Cultural District in partnership with the City of Boston Mayor’s Office and the Boston Night Market. Night markets are outdoor street festivals that include food vendors, artisan/merchandise vendors, games, entertainment, and photo opportunities. They can be found all over Vietnam and are one of the most loved experiences by locals and tourists. INFO: https://www.bostonlittlesaigon.org/about-3

Virtual Talk: Abare Matsuri – The Festival of Fire and Violence  
Wednesday, July 19 at 6 pm   The town of Ushitsu in Ishikawa Prefecture holds a different type of summer festival. Join the Japan Society of Boston to explore how the people of Ushitsu celebrate fire, violence, and rampage that people from all over Japan come to see. Register at: https://www.japansocietyboston.org/events/abare-matsuri%3A-the-festival-of-fire-and-violence-
Webinar: *Asian American Career Ceilings: Obstacles in Academia*
Thursday, July 20 from 5 pm to 6 pm
Panelists include: Gordon H. Chang, Professor of History, Stanford University; Guiyou Huang, President, Western Illinois University; and Frank H. Wu, President, Queens College. They will discuss the obstacles to advancement in their academic careers, how serious the issue is today, what they feel must change to solve the problem, and the advice they would give to others who are rising in the academic system. Moderator: Peter Young, Chair of the Committee of 100 Asian American Career Ceilings Initiative. [INFO & Registration](https://www.committee100.org/upcoming-event/asian-american-career-ceilings-obstacles-in-academia/?mc_cid=36c45a28fe&mc_eid=a57c22e409)

Book Talk: *The Deep Sky*
Monday, July 24 at 7 pm      Brookline Booksmith, 279 Harvard St., Brookline
Yume Kitasei’s debut sci-fi thriller about a mission into deep space that begins with a lethal explosion that leaves the survivors questioning the loyalty of the crew. A ship carries humanity’s last hope: 80 elite graduates of a competitive program, who will give birth to a generation of children in deep space. Halfway to a distant planet, a lethal bomb kills three of the crew and knocks the ship off course. [INFO & Registration](https://www.brooklinebooksmith.com/event/yume-kitasei-kylie-lee-baker-deep-sky-2023)

2023 APAICS Women’s Collective Summit
Thursday, July 27, starting at 8 am.
AT&T Forum, 601 New Jersey Ave. NW, Washington, DC
The Asian Pacific American Institute for Congressional Studies (APAICS) provides Asian American and Native Hawaiian/Pacific Islander (AA&NH/PI) women interested in politics with access to AA&NH/PI elected officials, networking and community building opportunities, and leadership training. The APAICS Women’s Collective Summit was created to bring together powerful AA&NH/PI women to share, inspire, and take bold action towards creating a more representative democracy. [INFO](https://www.apaics.org/womens-collective?fbclid=IwAR2xS8LQ_efkHe8_FaVQaqT5Clv_kzTeuyrPtT32Fj4AhePKoOaJsCnuh9s)

Book Talk: *When the Hibiscus Falls*
Friday, July 28 at 7 pm       Brookline Booksmith, 279 Harvard St., Brookline
Moving from small Philippine villages of the past to the hurricane-beaten coast of near-future Florida, this book examines the triumphs and sorrows that connect generations of women. Featuring familiar figures from M. Evelina Galang’s other novels and stories, *When the Hibiscus Falls* dwells within the complexity of family, community, and Filipino American identity. [INFO & Registration](https://www.brooklinebooksmith.com/event/m-evelina-galang-grace-talusun)

Japanese Tea Ceremony
Sunday, July 30 at 2 pm        Art Complex Museum, Tea House, 189 Alden St., Duxbury
The ceremony is performed by tea masters from Urasenke Boston and a narrator will explain the ceremony as it unfolds in the tea hut. All are welcome on a first-come, first-served basis. [INFO](https://artcomplex.org/programs/japanese-tea-ceremony/)
View *An Invitation to Tea*, a film about a young girl attending her first tea ceremony with her mother in Japan: [https://artcomplex.org/programs/japanese-tea-ceremony/](https://artcomplex.org/programs/japanese-tea-ceremony/)
53rd Chinatown August Moon Festival  
Sunday, August 13 from 10 am to 5 pm in Boston Chinatown  
INFO:  https://ccbaboston.org/en/

2023 Lowell Southeast Asian Water Festival  
Saturday, August 19 along Pawtucket Blvd., Lowell  
INFO:  https://www.facebook.com/LSEAWF/

2023 Quincy August Moon Festival  
Sunday, August 20 from 10 am to 3 pm along Coddington St., Quincy Center  
Presented by Quincy Asian Resources, Inc. (QARI) and the City of Quincy.  
INFO:  https://www.qariusa.org/august-moon-festival

Book Talk: Our Missing Hearts (Paperback Launch)  
Tuesday, August 22 at 6 pm Coolidge Corner Theatre, 290 Harvard St., Brookline  
From Celeste Ng, author of Little Fires Everywhere, comes the inspiring new novel about a mother’s unbreakable love. Twelve-year-old Bird Gardner lives a quiet existence with his loving father, a former linguist who now shelves books in a university library. His mother Margaret, a Chinese American poet, left without a trace when he was nine years old. He doesn’t know what happened to her—only that her books have been banned—and he resents that she cared more about her work than about him. One day, Bird receives a mysterious letter containing only a cryptic drawing, and he is pulled into a quest to find her. INFO & Tickets:  https://www.brooklinebooksmith.com/event/celeste-ng-emily-habeck-our-missing-hearts-paperback-launch

CONCERTS, FILMS, PERFORMANCES

Asian American Ballet Project: Beginnings  
Friday, July 7 at 4 pm and 7 pm Cambridge Multicultural Center, 41 Second St., East Cambridge  
The inaugural performance of the Asian American Ballet Project (AABP) presents the world premiere of two works that push the boundaries of creativity and expression. The dancers will breathe new life into the classic christening scene from Sleeping Beauty and will transport the audience to ancient Mongolia with the story of Suho and the White Horse. Elizabeth Mochizuki is the Artistic Director. The AABP was founded in 2022 and is the first Asian American ballet company in the US and has a goal of presenting all Asian American ballet productions and stories from the unique Asian American perspective.  
INFO:  https://asianamericanballetproject.org/  
Tickets:  https://www.eventbrite.com/e/beginnings-tickets-648465777597

Musical: Here Lies Love  
Now through November 19 Broadway Theatre, 1681 Broadway at West 53rd St., NY  
This immersive disco pop musical is based on former Filipina First Lady Imelda Marcos’ rise to power and subsequent fall at the hands of the Philippine People Power Revolution. Music by David Byrne and Fatboy Slim. INFO:  https://herelieslovebroadway.com/  
Tickets:  https://herelieslovebroadway.com/tickets/
Films: **Ozu 120: The Complete Ozu Yasujiro**
Now through Sunday, August 13
Harvard Film Archive, Carpenter Center for Visual Arts, 24 Quincy St., Cambridge
All films are 35mm—plus one 16mm print of a rare short film. All of the silent films will feature live musical accompaniment, and three of them will also include a *benshi* (Japanese performer who provides live narration of silent film) performance!
INFO: [https://harvardfilmarchive.org/programs/the-complete-yasujiro-ozu](https://harvardfilmarchive.org/programs/the-complete-yasujiro-ozu)

Coolidge Corner Theatre Film Guide – July & August

Film: **Hausu**
Saturday, July 1 at 2:30 pm
Brattle Theatre, 40 Brattle St., Cambridge
This candy-colored ghost story follows a group of teenage girls who head off for a weekend in the country but end up at the mercy of a haunted house and its sinister inhabitants including a man-eating piano, an evil cat spirit, and, for some reason, a carload of watermelons. Directed by Nobuhiko Obayashi, 1977. INFO: [https://brattlefilm.org/movies/house/](https://brattlefilm.org/movies/house/)

Film: **Past Lives**
Currently screening at the Kendall Square Cinema, AMC Theatres, Somerville Theatre
Nora and Hae Sung, two deeply connected childhood friends, are wrest apart after Nora's family emigrates from South Korea. Decades later, they are reunited for one fateful week as they confront destiny, love and the choices that make a life.

Film: **Joy Ride**
Starts Saturday, July 1 at AMC Theatres and Showcase Cinemas
When Audrey's business trip to Asia goes sideways, she enlists the help of Lolo, her childhood best friend, Kat, a college friend, and Deadeye, Lolo's eccentric cousin. Their epic, no-holds-barred experience becomes a journey of bonding, friendship, belonging and wild debauchery that reveals the universal truth of what it means to know and love who you are.

Films: **Samurai Summer III**
Coolidge Corner Theatre, 290 Harvard St., Brookline
- Wednesday, July 5 – *Kagemusha* - [https://coolidge.org/films/kagemusha](https://coolidge.org/films/kagemusha)
- Sunday, July 9 – *The Samurai Trilogy* - [https://coolidge.org/events/samurai-trilogy](https://coolidge.org/events/samurai-trilogy)
- Tuesday, July 11 – *Kwaidan* - [https://coolidge.org/films/kwaidan](https://coolidge.org/films/kwaidan)
- Wednesday, July 12 – *Kill!* - [https://coolidge.org/films/kill](https://coolidge.org/films/kill)
Co-presented by the Japan Society of Boston - [https://coolidge.org/programs/samurai-summer](https://coolidge.org/programs/samurai-summer)

Concert: **Jake Shimabukuro & Friends**
- Tuesday, July 11 City Winery, Pittsburgh, PA
- Wednesday, July 12 The Little Theatre, Rochester, NY
- Thursday, July 13 Clayton Opera House, Clayton, NY
- Friday, July 14 NOMBYX Ctr for Arts & Equity, Northampton, MA
- Saturday, July 15 Nashua Center for the Arts, Nashua, NH
- Sunday, July 16 at 7 pm Cary Memorial Building, 1605 Mass. Ave., Lexington, MA
INFO: [https://jakeshimabukuro.com/tour-dates/](https://jakeshimabukuro.com/tour-dates/)
Studio Ghibli Fest 2023

GKIDS and Fathom Events present this annual festival (April to October) of beloved animated films from Studio Ghibli. INFO: https://www.fathomevents.com/series/studio-ghibli-fest

Enter your zip code in the “Location” box for a list of theaters near you.

- July 9 & 11 Nausicaa of the Valley of the Wind
- July 10 & 12 Castle in the Sky
- August 5, 6, 7, 8 & 9 Princess Mononoke

DC Asian Pacific American Film Festival
Thursday, July 13 to Sunday, July 16 at various venues, Washington, DC
INFO: https://dcapafilm.filmbot.com/2023/

New York Asian Film Festival
- Friday, July 14 to Sunday, July 30
  Film at Lincoln Center – Theaters are located along 65th Street between Broadway & Amsterdam Ave., New York
- Friday, July 21 to Sunday, July 23 – Special weekend of screenings at the Barrymore Film Center, Fort Lee, NJ
  Festival features more than 60 titles. Japanese actor Ryohei Suzuki will receive the Screen International Rising Star award on July 15. Hong Kong star and producer Louis Koo will receive the Extraordinary Star Asia award on July 19. INFO: www.nyaff.org

46th Asian American International Film Festival
Wednesday, July 26 to Sunday, August 6 in New York
INFO: https://www.aaiff.org/events/

Japan Cuts: Festival of New Japanese Film
Wednesday, July 26 to Sunday, August 6 in New York
INFO: https://japansociety.org/film/japancuts/

Highland Street Foundation presents August Adventures 2023
August Adventures 2023 provides free access and opportunities to new and old partners highlighting the geographical and cultural diversity of the Massachusetts arts and culture community. Please note some organizations require advanced registration.
INFO: https://www.highlandstreet.org/programs/community-events/august-adventures

2023 INCARCERATION CAMP PILGRIMAGES
https://www.jampilgrimages.com/scheduleofevents

- Minidoka Pilgrimage – Thursday, July 6 to Sunday, July 9
  https://www.minidokapilgrimage.org/register
- Heart Mountain Pilgrimage – Thursday, July 27 to Saturday, July 29
  https://www.heartmountain.org/visit/events/pilgrimage/
- Poston Pilgrimage – Friday, October 13 – 2 pm to 6 pm
  https://www.postonpreservation.org/
- Crystal City Pilgrimage – Thursday, October 26 to Sunday, October 29
CLASSES, WORKSHOPS

Odaiko New England
Regent Underground Theatre, 7 Medford St., Arlington
- Introductory Taiko Workshop – Sunday, July 2 – 9:30 to 11 am
  [https://onetaiko.org/web/classes/workshops/]
- Beginner Taiko Class – Sundays, July 9 to August 13 (6 weeks) – 9 am to 10:45 am
- Styles Class – Sundays, July 9 to August 13 (6 weeks) – 11 am to 12:30 pm
  [https://onetaiko.org/web/classes/recreational-taiko-class/]

Japanese Calligraphy with Michiko Imai
Kaji Aso Studio, 40 Saint Stephen St., Boston
4 Wednesdays, July 5 to July 26 - 3:30 pm to 5 pm
INFO: [https://www.kajiasostudio.com/copy-of-2022-summer-classes-1]

Ouchigohan! Virtual Cooking Class: Dorayaki
Saturday, July 22 at 5 pm
Dorayaki sandwiches have anko, red bean paste, between two castella pancakes for the perfect on-the-go snack or light dessert. Join special guest Aoi Tsuchida, founder and owner of Kyoto-based Oyatsu Aoi, and beloved Ouchigohan! instructor Debra Samuels in making dorayaki three ways. Participants can use prepared anko (available online or in Asian markets) or cook along with Tsuchida-san and Debra-sensei to make your own sweet red bean paste from scratch. A Q&A session with Tsuchida-san will also provide insight into the world of wagashi Japanese sweets. The ingredient list along with recipes from Tsuchida-san will be provided before the event. Presented by the Japan Society of Boston, Houston, Georgia, Washington DC, Philadelphia, Colorado, Indiana, and New York. INFO & Registration: [https://www.japansocietyboston.org/events/%E3%81%86%E3%81%AF%E3%83%8E%E3%83%94%E3%81%AF%E3%82%93!-(ouchigohan)-dorayaki]

CONVENTIONS

50th OCA National Convention: Organize, Connect, Act!
Wednesday, July 12 to Sunday, July 16
Capital Hilton, Washington, DC
https://www.ocanationalconvention.org/

53rd JACL National Convention: Rooted in Community
Wednesday, July 19 to Sunday, July 23
Little Tokyo, Los Angeles, CA
In-Person & Virtual Registration Rates are available:
https://jacl.org/2023-jacl-national-convention
Full Schedule: https://jacl.org/2023-convention-workshops

NAAAP Leadership Convention: Unifying Visionaries
Thursday, August 24 to Saturday, August 26
Sheraton Boston Hotel, 39 Dalton St., Boston, MA
The National Association of Asian American Professionals (NAAAP) Leadership Convention is hosted by NAAAP National and NAAAP Boston chapter. [https://www.leadershipconvention.org/]

INFO & Registration: [https://www.japansocietyboston.org/events/%E3%81%86%E3%81%AF%E3%83%8E%E3%83%94%E3%81%AF%E3%82%93!-(ouchigohan)-dorayaki]
**EXHIBITS**

**The Eric Carle Museum of Picture Book Art**  125 West Bay Rd., Amherst, MA

- **Virtual Event:  Show & Tell with Chihiro Art Museum**
  Tuesday, July 11 at 7 pm
  Chihiro Art Museum Curators Michiko Matsukata (Tokyo) and Eriko Tanabe (Azumino) will share examples of their astounding collection, which includes more than 27,000 artworks by over 200 artists from 34 countries. The core collection is dedicated to the work of beloved Japanese illustrator, Chihiro Iwasaki (1918-1974), known internationally for her watercolor illustrations of children and flowers. **Register at:**
  https://us02web.zoom.us/webinar/register/WN_Lh2sGsbNTuuLv9KbS30caA#

- **Eric Carle Loves Japan!**
  through August 20
  https://www.carlemuseum.org/explore-art/exhibitions/upcoming-exhibition/eric-carle-loves-japan

**Pao Arts Center**

- **At Home in Chinatown: A Resident Lab Retrospective**
  Thursday, July 27 from 5:30 pm to 8 pm – Opening Reception
  Exhibit highlights four years of the Pao Arts Center’s Residence Lab Arts Residency program (ResLab), in partnership with the Asian Community Development Corporation (ACDC).
  INFO & Registration:  https://www.eventbrite.com/e/at-home-in-chinatown-a-residence-lab-retrospective-exhibition-opening-registration-663107240607

**Pucker Gallery**

- **Everyday Beauty**
  through July 9
  Exhibit features an assortment of stoneware artworks created by Shoji Hamada, Shinsaku Hamada, and Tomoo Hamada.
  INFO, Exhibition Catalogue, WebinART, Virtual Tour:
  https://www.puckergallery.com/
  Shoji Hamada Info: https://www.puckergallery.com/artists#/shoji-hamada-1/
  Shinsaku Hamada Info: https://www.puckergallery.com/artists#/shinsaku-hamada-1/
  Tomoo Hamada Info: https://www.puckergallery.com/artists#/tomoo-hamada/

**Museum of Fine Arts**

- **Hokusai: Inspiration and Influence**
  through July 16
  https://www.mfa.org/exhibition/hokusai-inspiration-and-influence

- **Otherworldly Realms of Wu Junyong**
  through November 3
  https://www.mfa.org/exhibition/otherworldly-realms-of-wu-junyong

- **Matthew Wong: The Realm of Appearances**
  through February 18, 2024
  Matthew Wong achieved critical acclaim during his short 6-year career between 2013-2019. He became known for vibrant landscape paintings in a wide range of styles and mediums, including oil, ink, watercolor and gouache. Wong spent most of his life between Canada and Hong Kong; in their universality, his landscapes reflect this transnationality. This is the first museum retrospective and first US museum exhibition devoted to the self-taught artist.
  https://www.mfa.org/exhibition/matthew-wong-the-realms-of-appearances

  https://www.mfa.org/collections/featured-galleries/japanese-garden-tenshin-en
New England Botanic Garden at Tower Hill

CHIAOZZA – a sculpture exhibition
11 French Dr., Boylston, MA
through October 15

This exhibit of imaginative, colorful sculptures and wall works is displayed across the New England Botanic Garden. Discover the surprising creative parallels between growing plants and making art. Artists: Adam Frezza & Terri Chiao. https://nebg.org/chiaozza/

Peabody Essex Museum

Gu Wenda: United Nations
East India Square, 161 Essex St., Salem
through November 5
https://www.pem.org/exhibitions/gu-wenda-united-nations

Asian American Literature Festival: Ghost World?
Friday, August 4 – Sunday, August 6
Eaton DC, 1201 St., NW, Washington, DC
Presented by the Smithsonian Asian Pacific American Center.
INFO: https://apa.si.edu/ghost-world/

Print Center New York

New Voices: On Transformation
535 West 24th St., New York, NY
through August 25

Lois Harada, NE JACL member from Providence, RI, is one of 8 artists featured in the inaugural exhibition of Print Center New York. This group exhibition provides a critical exploration of work by Lois Harada, Eriko Tsogo, Aaron Coleman, Julia Curran, Juana Estrada Hernandez, Nina Jordan, Farah Mohammad, and Jacquelyn Strycker accompanied by a publication and a series of artist-led public programs.
INFO: https://www.printcenternewyork.org/new-voices-on-transformation
Lois Harada Info: https://www.printcenternewyork.org/lois-harada
Emiko Tsogo Info: https://www.printcenternewyork.org/eriko-tsogo

Hammond Museum & Japanese Stroll Garden

28 Deveau Rd., North Salem, NY
Laura Cannamela: A Thousand Layers
through July 22
https://www.hammondmuseum.org/a-thousand-layers

Museum of Chinese in America

215 Centre St., New York, NY
• With a Single Step: Stories in the Making of America
  through December 31
  https://www.mocanyc.org/event/with-a-single-step/
• Sour, Sweet, Bitter, Spicy: Stories of Chinese Food and Identity in America
  On view at Tangram, 133-33 39th Ave., Flushing, Queens, NY
  through September 10
  https://www.mocanyc.org/event/sour-sweet-bitter-spicy-tangram/

Chinese Historical Society of America

985 Clay St., San Francisco, CA
• We Are Bruce Lee: Under the Sky, One Family - Tickets are required.
  on-going
  https://chsha.org/we-are-bruce-lee-under-the-sky-one-family/
• Living in Chinatown: Memories in Miniature, created by Frank Wong
  on-going
Japanese American National Museum 100 North Central Ave., Los Angeles, CA

- **Glenn Kaino: Aki’s Market** through January 28, 2024
  Renowned artist Glenn Akira Kaino explores the transgenerational trauma from the World War II Japanese incarceration experience and the American practice of displacement through virtual technology, collective memory, and his family’s corner store in East Los Angeles.
  [https://www.janm.org/exhibits/glenn-kaino](https://www.janm.org/exhibits/glenn-kaino)

- **Don’t Fence Me In: Coming of Age in America’s Concentration Camps** thru October 1
  [https://www.janm.org/exhibits/dont-fence-me-in](https://www.janm.org/exhibits/dont-fence-me-in)

- **The Ireichō** through September 24
  [https://www.janm.org/exhibits/ireicho](https://www.janm.org/exhibits/ireicho)

- **Online Exhibit: Wakaji Matsumoto - An Artist in Two Worlds: Los Angeles and Hiroshima, 1917–1944**
  [https://www.janm.org/exhibits/wakaji-matsumoto](https://www.janm.org/exhibits/wakaji-matsumoto)

Asian Art Museum 200 Larkin St., San Francisco, CA

- **Resilient Traditions: Korean American Stories Told Through Paper** through Dec 31
  [https://exhibitions.asianart.org/exhibitions/resilient-traditions/](https://exhibitions.asianart.org/exhibitions/resilient-traditions/)

- **Hell: Arts of Asian Underworlds** through September 18
  [https://exhibitions.asianart.org/exhibitions/hell-arts-of-asian-underworlds/](https://exhibitions.asianart.org/exhibitions/hell-arts-of-asian-underworlds/)

- **Beyond Bollywood: 2000 Years of Dance in Art** through July 10

- **Into View: Bernice Bing** through December 4
  [https://exhibitions.asianart.org/exhibitions/into-view-bernice-bing/](https://exhibitions.asianart.org/exhibitions/into-view-bernice-bing/)

- **Past Continuous Tense** through December 31
  [https://exhibitions.asianart.org/exhibitions/past-continuous-tense/](https://exhibitions.asianart.org/exhibitions/past-continuous-tense/)

Topaz Museum 55 West Main, Delta, UT

Topaz Museum ([https://topazmuseum.org/](https://topazmuseum.org/)) has received a grant from the JA Community Foundation to support a new series of public programs curated by the Friends of Topaz Museum (FOTM) and held at the J-Sei Community and Cultural Center, 1285 66th St., Emeryville, CA through October 2023. All programs will be in-person and online and are free and open to the public, but require registration. **INFO at FOTM website:**
[https://friendsoftopaz.org/events](https://friendsoftopaz.org/events).

- thru Sunday, July 9 - **Stitching Paper: Quilting Japan and America** - exhibit by Lucy Arai
- Saturday, July 1 at 5 pm - **Sashiko & Senninbari - Knot Doodles Workshop** (all ages) with Lucy Arai
  [https://friendsoftopaz.org/events/sashiko-senninbari-knot-doodles-workshop](https://friendsoftopaz.org/events/sashiko-senninbari-knot-doodles-workshop)
- Sunday, July 9 from 1 to 3 pm (Hybrid Event) **The Making of the Ireichō** - lecture by Duncan Ryūken Williams
  RSVP for the lecture to: jill@j-sei.org with “Ireichō” in the subject line.

Japanese American Museum of Oregon
Naito Center, 411 NW Flanders St., Portland, OR

**hapa.me** – 15 years of the hapa project through August 3
[https://jamo.org/exhibits/hapa-me/](https://jamo.org/exhibits/hapa-me/)
### TELEVISION PROGRAMS ON GBH

https://www.wgbh.org/schedule-grid

(Click on “A-Z” for an alphabetical list.)

#### Programs about Japan
- **Asia Insight** – Tuesdays at 6:30 am or 1:30 pm – WORLD
- **Cycle Around Japan Highlights** – Fridays at 10 am or 5 pm – CREATE
- **Journeys in Japan** – Sundays at 10:30 am – CREATE
- **Newsroom Tokyo** – Monday through Friday at 7 am – WORLD
- **NHK Newsline** – Monday through Friday at 6:30 pm – WORLD
- **Trails to Oishii Tokyo** – Sundays at 10 am – CREATE

#### Saturday, July 1
- 10:30 am – CREATE – **Taste of Malaysia with Martin Yan – 8 Million Cups of Tea**
- 11 am – CREATE – **Simply Ming – Tsai Family Hot Pot with Mom & Dad**
- 7 pm – WORLD – **P.O.V. – Manzanar, Diverted: When Water Becomes Dust**

#### Sunday, July 2
- 12:30 pm – CREATE – **Taste of Malaysia with Martin Yan – 8 Million Cups of Tea**
- 1 pm – CREATE – **Simply Ming – Tsai Family Hot Pot with Mom & Dad**
- 2 pm – GBH44 – **Simply Ming – Sushi from Maui**
- 9:30 pm – CREATE – **Taste of Malaysia with Martin Yan – 8 Million Cups of Tea**

#### Monday, July 3
- 9 pm – CREATE – **Simply Ming – Tsai Family Hot Pot with Mom & Dad**

#### Wednesday, July 5
- 9 am – CREATE - **Cook’s Country – Thai Comforts**
- 12 pm – CREATE - **Cook’s Country – Thai Comforts**
- 2 pm – GBH2 – **America’s Test Kitchen: Eggs Around the World**
- 4 pm – CREATE - **Cook’s Country – Thai Comforts**

#### Saturday, July 8 at 2 pm – GBH2 – **Simply Ming – Bok Choi**

#### Sunday, July 9
- 11 am – CREATE – **J. Schwanke’s Life in Bloom – Traditional Japanese Flower Arts**
- 2 pm – CREATE – **Simply Ming – Tsai Family Hot Pot with Mom & Dad**

#### Monday, July 10
- 10 to 11:30 pm – GBH2 – **P.O.V: Liquor Store Dreams**

Two Korean American children of liquor store owners reconcile their own dreams with those of their immigrant parents. They confront the complex legacies in Los Angeles of the 1991 murder of Latasha Harlins and the 1992 uprisings sparked by the police beating of Rodney King, while engaged in the current struggle for racial and economic justice.
Wednesday, July 12
• 3:30 pm – CREATE – America’s Test Kitchen – A Trip to Vietnam
• 7 pm – GBH44 – America’s Test Kitchen – A Trip to Vietnam
• 7:30 to 9 pm – WORLD – P.O.V: Liquor Store Dreams

Saturday, July 15
• 12 to 1:30 pm – WORLD – P.O.V: Liquor Store Dreams
• 12:30 pm – CREATE – J. Schwanke’s Life in Bloom - Tropical Bloom
• 2 pm – GBH2 – Simply Ming – Okonomiyaki
• 6:30 pm – CREATE – Christopher Kimball’s Milk St. TV – The Art of Japanese Cooking
• 8 to 10 pm – WORLD – American Experience: Plague at the Golden Gate
  Over 100 years before the COVID-19 pandemic set off a nationwide wave of fear and anti-Asian sentiment, an outbreak of bubonic plague in San Francisco’s Chinatown unleashed a similar crisis.

Sunday, July 16 at 2:30 pm – CREATE – J. Schwanke’s Life in Bloom - Tropical Bloom

Monday, July 17 at 7:30 am – WORLD - Four Seasons in Japan - Mt. Hayachine, a 1917-meter peak in northeastern Japan, is known as the Mountain of Flowers.

Tuesday, July 18
• 11:30 am – GBH44 – America’s Test Kitchen – Stir-Fry & Congee
• 9:30 pm – CREATE – J. Schwanke’s Life in Bloom - Tropical Bloom

Wednesday, July 19
• 9 am, 2 pm & 4 pm – CREATE – Cook’s Country – Two Tastes from the Bay Area (Filipino & Cambodian)

Friday, July 21
• 8:30 am – GBH44 – Christopher Kimball’s Milk St. TV – Vietnamese Every Day

Saturday, July 22
• 1 pm – CREATE – Lucky Chow
• 2 pm – GBH2 – Simply Ming – Miso Salmon
• 7:30 pm – CREATE – Canvassing the World with Sean Diediker – Bali, Indonesia
  Sean explores the beaches and temples of Bali, dives through the ruins of the U.S.S. Liberty, and documents a water healing ceremony with a Balinese High Priestess.
• 8 pm – CREATE – No Passport Required – New Orleans (Vietnamese community)

Sunday, July 23
• 2 pm – CREATE – Cook’s Country – Aloha State Favorites
• 2 pm – GBH44 – Simply Ming – Wings
• 10 pm – WORLD – Doc World - Crossings
  A group of international women peacemakers sets out on a risky journey across the DMZ between North and South Korea, calling for an end to the 70-year war that has divided the peninsula and its people. Comprised of Nobel Peace Laureates and renowned activists, the team faces daunting logistical and political challenges as they forge a path with their Korean sisters toward peace and reconciliation.
Monday, July 24 at 10 am – WORLD – *Doc World – Crossings*

Tuesday, July 25
- 11:30 am – GBH44 – *America’s Test Kitchen – Eggs Around the World*
- 9 pm – CREATE – *Cook’s Country – Aloha State Favorites*

Friday, July 28
- 7 pm – GBH44 – *America’s Test Kitchen – Bulgogi & Bokkeumbap* (Kimchi Fried Rice)

Saturday, July 29
- 10 pm – WORLD – *American Reframed: Geographies of Kinship*
  In this powerful tale about the rise of Korea's global adoption program, four adult adoptees return to their country of birth and recover the personal histories that were lost when they were adopted.

Monday, July 31
- 8 pm – CREATE – *America’s Test Kitchen – A Trip to Vietnam*
- 10 pm – GBH2 – *POV: Children of the Mist*
  Di, a Hmong teenage girl living in the mountains of northern Vietnam, faces the challenges of growing up. In her traditional culture, girls marry as early as 14. This documentary traces the custom that permits boys to detain girls with the intention of marriage. But at school, Di learns that there are alternatives.